

INVITATION TO
the youth exchange
Keep Calm and No Drugs
Cefaly, Italy

DATE: 01.08-09.08 2015 (7 activity days) (01th is arrival day, 08th evening or 09th morning is departure)

Please, confirm your arrival/departure dates before booking the tickets!

VENUE: Camping Sanfilippo (near Cefalu and Cerda), Italy

WORKING LANGUAGE: English (but it's also not a problem if you or someone of your group doesn't speak it)

PARTICIPANTS: 7 participants (of age 18 - 25) + 1 group leader (of any age)

COUNTRIES:

- Lithuania
- Czech Republic
- Poland
- Estonia
- Italy



SUMMARY OF THE PROJECT:



This youth exchange project theme is about the use of drugs among young people in the world and in Europe. The spread of drug use is one of the most disturbing phenomena of our time. Drug victims are primarily young people who, through weakness of character, insecure, spirit of transgression or simply for image group, agree to try some drug at first, and then cross the boundaries. A teenager of the new millennium, to integrate in a society ever more conformist, is getting closer to the world of alcohol and drugs, to dependence and what is leading with time to sad deaths. The problems which young people can face can be of various kinds (emotional, psychological, familial, educational or social integration), but the most dangerous are definitely those related to alcohol and drugs. The reason why an addolcente choose to use them, are mainly related to the environment and the social context in which they live. Social analysis on the use of drugs in Europe highlight the need not only to continue to monitor issues related to drugs already known, but at the same time to find answers to new



threats. Heroin and cocaine continue to be responsible for much of the damage and mortality in Europe and worldwide. Addressing the drug problem is complex social dynamics which is linked, however, is important to the general attitude of young people towards drugs, in many countries, in fact, the use and abuse of drugs is becoming a problem tolerated by the people and by young people, it is almost "normal." The problems of young people, like that of drug addiction are features of the new millennium, but now more than ever are accentuated by the fact that today's society is going through a crisis in terms of ethics and morality. The idea of this exchange is to confront young people to this issue, compare their ideas, share their point of view or experience, find possible solutions and tackle the social problem analyzing it in all its complexity to try to understand what all interconnected issues to the topic. One of the ultimate goals of this path of non-formal education is to create with the participants some sort of advertising campaign that discredits the use of psychoactive substances. This very important step for us will be the main product that we want to spread out, thanks to social media.

We will invite experts from the Higher Institute of Health as well as from various associations dealing with drugs to give a thorough overview of the problems related to the consumption of various drugs for their use, the social consequences of physical and psychological, but also will talk about international and national strategies for the fight against drug use.

These will be the topics of departure for teamworks and threads. The project idea was proposed by some young people in our organization. One aim of our project is to actively promote the fight against youth problems in all its forms, making sure to strengthen the active role of young people in social, institutional, cultural and economic life, with the aim of promoting their inclusion social. Thus, it becomes more and more important to the culture of prevention, combating the phenomenon of the use of psychoactive substances, especially in disadvantaged areas and vulnerable who are often most at risk of exclusion. The project objectives are:

- Raise awareness of young people on the drug problem, its roots, causes and effects.
- Enable young people from different European countries to share their experiences and views on the issue.
- Discuss important social issues such as national and European legislation on soft drugs, the decriminalization of the possession and consumption of drugs, influence of drugs on the dominant culture or social media and drugs.
- Give participants the opportunity to create a small puubblicitaria campaign against the use and abuse of drugs, they will use their creativity, art, social media and other tools of their choice.
- Giving young people from different countries the opportunity to learn about other cultures and promote understanding between different cultures.
- Develop key skills of participants (for example, social competence and intercultural, knowledge of foreign languages, entrepreneurship, digital competence, etc.



Erasmus+



196 PAESI
22, Via Roma 9000
CERDA
SICILIA - ITALIA
CODICE FISCALE
9602240825



www.196paesi.it

ACCOMMODATION:

The accommodation is paradise for the Eyes is a Camping Area near Cefaly (2 KM far from the most touristic town in Sicily) The place is 5 meters from the sea, it have bathroom, hot water for shower, pool and amazing beach. Also have fields for doing different kind of sports. Is very important **all the participants organise to bring a tent** with them or at least 2-3 participants one tent.



FOOD:

The food will be prepared and served for you in the centre. The help in the kitchen and with the dishes is very much welcome from the participants. We will eat simple and typical Italian food.

No alcoholic drinks will be allowed on the place, apart from Intercultural dinner.

If you have some special needs for food (vegetarian, etc.), please, inform us about it beforehand. We can provide you with just **“with/without meat”** vegetarian food, but if you have some very complicated diet, or as a vegetarian you would like to have some special ingredients, we would appreciate if you could **take** the food that you need **with you**.

TRAVEL COST:

We will reimburse to you **100% of your travel cost** for the way go and back. The reimbursement limit is according to your distance in Kilometres. The calculator you can find on this webpage :

http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm

Italy 10-100 KM - 20 Eur Per Participant

Czech Republic 500-1999 KM - 170 Eur Per Participant

Lithuania 2000-2999 KM - 270 Eur Per Participant

Poland 500-1999 KM - 170 Eur Per Participant

Estonia 2000-2999 KM - 270 Eur Per Participant



It is very important that you keep ALL your travel documents, including the boarding passes, if travelling by plane. You must **give us all your tickets**, including also your return tickets that must be already bought for the moment of the reimbursement (during the youth exchange itself), otherwise if we do not have a ticket, we cannot consider it for the reimbursement. It is very-very important.

Please, pay attention, that there are **the ceilings** for the travel costs per every country that **we cannot go above** (if your ticket is more expensive, you need to cover the difference on your own).

You must use the cheapest travel option that is possible (buses, trains, low cost airlines, etc.)

We will only reimburse you the travel costs if you participate in the WHOLE youth exchange.

If you have any questions about the travel costs or financial matters, please contact us before you buy your tickets.



MONEY:

- There is **a participation fee of 30 euros** that will be charged from every participant of the exchange. This fee is obligatory.
- 100% of costs of simple accommodation and basic food are covered by **"PAESI 196"**.
- **The travel costs will not be reimbursed to people who are not taking part of the entire youth exchange or not respecting the rules of the exchange.**



PROFILE OF PARTICIPANTS:

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- Age: 18 - 25 (if under 18 or between 25 and 30 let us know).
- 7 young participants from each country plus one group leader (who is not age limit).
Please, try to keep gender balance in your groups!! 4 - 3 girls, 4 - 3 boys!
- Erasmus+ is a program, which supports disadvantaged young people, so we would like to make this project open for these young people with fewer opportunities, so do not hesitate to including people with fewer opportunities into your group! The accommodation is adapted to special needs, so there is no problem with this. If you are thinking or you know there will be people with some handicap in your group, please tell us as soon as possible just to have it in mind! And we will prioritize this people for selection.
- English is our work language, but is not obligation. We will have some meetings and discussions so it will be recommended at least basic knowledge or translation into your groups. Don't be afraid of language! We will find the way to solve it!
- People who is interested in the topic.
- Young people who share the volunteering spirit.
- Young, motivated, nice, cheerful, smiling participants and good mood!!



YOUTHPASS:



Each participant will receive a YouthPass, which:

- Certificate of non-formal education (you will take part on an educational activity)
- You can include it in your CV and use it for school, university, new job, etc.

In the beginning of the project we will divided participants into a small groups that later will work every evening in the reflection groups where they'll talk about the day, activities, what they have learned, etc. With all these notes, at the end of the Exchange will be a workshop where the participants will work in their own YouthPass
YouthPass will be reached on the end of exchange.

YOU WILL NEED...

- **Sleeping bag!**
- **Tent!**
- Towels and personal things.
- Typical food for **intercultural evening**.



- Poster, leaflets, card, videos, typical music... from your country, region, city.
- Info, presentation, material, stickers... from your organization.
- Bikinis and swimming suits ☺
- Warm clothes for the evenings.
- Camera, laptop and other equipment making life and work easier.
- Ideas, games, ice breakings, dances for your cultural evening.
- Good mood and energy to be active!

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If you have any questions or suggestions, feel free to contact us!

Mails:

Goran.dajovski@gmail.com

See you soon.